

WATCH!



It has never really entered your mind to give up every idea you ever had that opposes knowledge. You retain thousands of little scraps of fear that prevent the Holy One from entering. Light cannot penetrate through the walls you make to block it, and it is forever unwilling to destroy what you have made. No one can see through a wall, but I can step around it. WATCH your mind for the scraps of fear, or you will be unable to ask Me to do so. WATCH carefully and see what it is you are really asking for. Be very honest with yourself in this, for we must hide nothing from each other. If you will really try to do this, you have taken the first step toward preparing your mind for the Holy One to enter. We will prepare for this together, for once He has come, you will be ready to help Me to make other minds ready for Him. How long will you deny Him His Kingdom?

WATCH your mind for the temptations of the ego (satan), and do not be deceived by it. It offers you nothing. When you have given up this voluntary dis-spiriting, you will see how your mind can focus and rise above fatigue and heal. Yet you are not sufficiently vigilant against the demands of the ego (satan) to disengage yourself. THIS NEED NOT BE.

WATCH your mind carefully for any beliefs that hinder its accomplishment, and step away from them. Judge how well you have done this by your own feelings, for this is the one right use of judgment. Judgment, like any other defense, can be used to attack or protect; to hurt or to heal. The ego (satan) SHOULD be brought to judgment and found wanting there. Without your own allegiance, protection and love, the ego (satan) cannot exist. Let it be judged truly and you must withdraw allegiance, protection and love from it.

As you survey your inner world, merely let whatever thoughts cross your mind come into your awareness, each to be considered for a

moment, and then replaced by the next. Try not to establish any kind of hierarchy among them. WATCH them come and go as dispassionately as possible. Do not dwell on any one in particular, but try to let the stream move on evenly and calmly, without any special investment on your part.

WATCH the images your imagination presents to your awareness.



Search your mind for fear thoughts, anxiety- provoking situations, "offending" personalities or events, or anything else about which you are harboring unloving thoughts. Note them all casually, repeating the idea for today slowly as you watch them arise in your mind, and let each one go, to be replaced by the next.

WATCH your mind carefully to catch whatever thoughts cross it. Note each one as it comes to you, with as little involvement or concern as possible, dismissing each one by telling yourself: "This thought

reflects a goal that is preventing me from accepting my only function."

For several minutes WATCH your mind and see, with your eyes closed, the senseless world you think is real. Review the thoughts as well which are compatible with such a world, and which you think are true. Then let them go, and sink below them to the holy place where they can enter not. There is a door beneath them in your mind, which you could not completely lock to hide what lies beyond. Seek for that door and find it. But before you try to open it, remind yourself no one can fail who seeks to reach the truth.

We WATCH our thoughts, appealing silently to the Holy Spirit Who sees the elements of truth in them. Let Him evaluate each thought that comes to mind, remove the elements of dreams, and give them back again as clear ideas that do not contradict the Will of God. Give Him your thoughts, and He will give them back as miracles

which joyously proclaim the wholeness and the happiness God wills His Son, as proof of His eternal Love. And as each thought is thus transformed, it takes on healing power from the Mind Which saw the truth in it, and failed to be deceived by what was falsely added. All threads of fantasy are gone. And what remains is unified into a perfect Thought that offers its perfection everywhere.

Realize that your forgiveness entitles you to vision. Understand that the Holy Spirit never fails to give the gift of sight to the forgiving. Believe He will not fail you now. You have forgiven the world. He will be with you as you watch and wait. He will show you what true vision sees. It is His Will, and you have joined with Him. Wait patiently for Him. He will be there.

Close your eyes upon the world you see, and in the silent darkness watch the lights that are not of this world light one by one, until where one begins another ends loses all meaning as they blend in one.

Watch with me, angels, watch with me today. Let all God's holy Thoughts surround me, and be still with me while Heaven's Son is born. Let earthly sounds be quiet, and the sights to which I am accustomed disappear. Let Christ be welcomed where He is at home. And let Him hear the sounds He understands, and see but sights that show His Father's Love. Let Him no longer be a stranger here, for He is born again in me today.

Today the lights of Heaven bend to you, to shine upon your eyelids as you rest beyond the world of darkness. Here is light your eyes can not behold. And yet your mind can see it plainly, and can understand. A day of grace is given you today, and we give thanks.

Awareness of dreaming is Our real function in forgiveness. WATCH with Me and see the dream figures come and go, shift and change, suffer and die. But be not deceived by what dreams appear. It is no more real to behold a dream figure as sick and separate as to regard it as healthy and

beautiful. Unity alone is not a thing of dreams. And it is this I acknowledge as behind the dream, beyond all seeming, and yet surely Ours in the Father.

"Then shall ye return, and discern between the righteous and the wicked, between him that serveth God and him that serveth him not."
(Malachi 3:18)

Nothing the world believes is true. It is a place whose purpose is to be a home where those who claim they do not know themselves can come to question what it is they are. And they will come again until the time Atonement is accepted, and they learn it is impossible to doubt yourself, and not to be aware of what you are. Remember, I am Calling you out of the world. Our Kingdom is not of this world. Follow Me.





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